

EXCERPT



JESUS ON CHRIST-CONSCIOUSNESS

Dialogue 3

Lars Gimstedt



Jesus on Christ-consciousness

This is part 3 in the trilogy "The Jesus Dialogues":

Part 1, "Jesus on Catching the Bull" is about the "ascent" towards finding one's True Self, an inner path for spiritual deepening.

Part 2, "Jesus on Elevated Form" is about "descending" back to everyday living in order to manifest the True Self.

In the dialogue "Jesus on Christ-consciousness" we return to part 1, to the last sentence below the tenth and last image: "*Wide open the palace gates to him who, meeting himself, yet remains unknown to himself*". It becomes a dialogue about transcending different religious beliefs, which feels important in our time of conflicts that seem to pull us apart more and more.



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About participants of The Dialogue:

Albert Harloff: From Norway, has participated in the Norwegian translation of *A Course in Miracles*. Has been chairman of the Swedish Network for A Course in Miracles.

Jesus: Lived as a human being 2000 years ago, participates here in spirit.

Lars Gimstedt: Has edited and published this book through his company Psychosynthesis Forum. Lars has been presented in the two previous parts of this trilogy, Dialogue 1, Jesus on Catching the Bull, and Dialogue 2, Jesus on Elevated Form.

More: Participants in the 2023 autumn gathering of the Swedish Network for A Course in Miracles, where the theme was “What is Christ-consciousness?”

Abbreviations, notes:

ACIM : *A Course in Miracles*, Foundation for Inner Peace, 1975. The book was written down by the psychology professor Helen Schucman, as a result of “channeling”, an inner dictation from Jesus. Helen had struggled with her connection with the US Catholic Church, and ACIM can be regarded as the answer she received in her spiritual quest.

ACOL : *A Course of Love*, Take Heart Publications, 2014. The book was written down by “First receiver” Mari Perron after having experienced a life crisis together with two near friends, and during this come upon ACIM. ACOL states that it is a sequel to, and a deepening of, ACIM.

EKIK : *En kurs i kärlek*, The Foundation for the Way of Love, 2020. Swedish translation of ACOL.

After the scribing of the dialogue, the book has been edited with respect to spelling and grammar, and I have inserted footnotes where I have felt that clarifications are needed, especially for those who are not familiar with ACIM and ACOL, or with the Bible.

Thanks to my friend Kristina Post for helping me with the editing!

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Prologue.

(This prologue plus chapters 1 and 2 were written in 2014. Chapter 3 was written 2017. After this, I resumed the writing 2021. I finished the book in 2023, nine years after I started.)

Jesus, my friend.

Lars, my friend. In your realm, you would maybe say "Long time since we last talked with each other".

Yes, we would, although I have ceased thinking in those terms. For me, it feels like yesterday that we concluded our latest work together, *Jesus on Elevated Form*.

That was quite an exploration, combining different schools of belief together. I think the result illustrated my statement from A Course in Miracles:

"A universal theology is impossible, but a universal experience is not only possible but necessary."

Yes, I think that very statement is what originally inspired me to write about issues around belief and faith.

Oh, it really feels good talking to you again! I know I should be able to do this all the time, and without thinking about it I probably do, and I can often feel your presence, but writing a dialogue like this is probably "my channel". I guess different people have different "preferred channels", whether these work on a conscious level or on a subconscious one.

That is correct, they all have. And I will use whichever channel anyone “opens up” in order to enter into a dialogue. As I have pointed out so many times – what you and I are doing here is readily available for anyone. The only thing needed to make this to happen is a little willingness, and complete openness.

This whole thing really fascinates me, although after having had these experiences together with you a number of times now I should have become used to it. How this really feels like a true dialogue, taking place just now.

I think what opened “my channel” up the first time, or at least triggered the possibility, as it did not happen immediately, was when I read the following in *A Course of Love*:

You are, as you read these words, as much a “receiver” of this dialogue as she who first hears these words and transfers them to paper. Is a piece of music not received by you even when you may be one of thousands or millions who hear it? Does it matter who is first to hear the music? This is, in truth, a dialogue between me and you. Wish not that the “way” of the transcriber of these words were the way for everyone, and think not that to hear “directly” from the Source is different than what you do here.

(The Dialogues, 1:19–20)

The same thing applies to the person reading these words on this page: You are present here with us, with me and Lars, “listening in”. Just speak up, and we could soon have a real group conversation!

Funny that you just said that – it touches on the theme I have chosen for this book. When I started to write down our previous conversations, in *Jesus on Catching*

the Bull and Jesus on Elevated Form, I had in the beginning no idea about what they would become, and it did not become clear to me until I had written down a good part of the Prologues.

Here, the reason I started off writing again was a sudden inner knowledge, a thought that without previous notice just popped up: "I am going to write a third book in the series 'The Jesus Dialogues', and the title shall be *Jesus on Christ-consciousness*."

Yes, I know.

What! – Oh, my God – oh again, I didn't mean that literally...

But, again, I probably did. You actually do know, don't you? I still have a hard time getting used to this. The old ego fear, of not being independent.

Answering your question – yes and no. We have talked about this a number of times, of what I know and what I do not know. I know you, meaning I know who you are inside, what has happened to you, and so on. This does not mean that I can read minds. Therefore, I do not know what everybody thinks.

But now, in your case, you have started to open up your mind more and more, thereby sharing your thoughts and emotions with me and with others that also have started to open themselves up to union and to unity.

So, whether you are consciously aware of this or not, your true Self has decided to share your thoughts with me. And I am glad, and I feel truly thankful for the privilege. I hope this means that you are open to becoming able to share mine as well.

We are already talking about “Christ-consciousness”, are we not?

We are talking about one aspect of it.

Wow... again, I should have become accustomed to this. But, back to order: I have not yet defined what I mean with the term.

Ah, my old friend the engineer talking 😊

Yes, bro. And I know you love this part of me, as I do as well nowadays, having learnt to use this “subpersonality” of mine as a useful asset.

But, as I said, back to order – I think this is why we have started this dialogue: to deepen my understanding of what “Christ-consciousness” is and what it is not, how one can experience it, and how one can know whether it is present or not. And, in addition, to help me to continue being vigilant against the ego sneaking in and taking over, as this is as important to me as ever.

Now, I must admit – when I write this, I have no other, or additional, ideas on how to pursue this exploration.

Good. That means that you have no preconceived ideas either. One of these is for example that “Christ-consciousness” means “thinking like Jesus”. Even if the idea has its merits, in making people act in more constructive ways, it only constitutes a first step in moving towards true Christ-consciousness.

Yes, I am aware of the fact that in taking on such a task as writing about Christ-consciousness, it is probably wise to make oneself free from all previous ideas and definitions. It is a concept heavily laden with ancient cultural influence, numerous theological

interpretations, and foremost, prestige and strongly felt convictions and emotions.

Yes, that is wise. And you are wise. This is a first result of Christ-consciousness: wisdom. And this is not the wisdom of the brain, which may be clever and ingenious in many ways. It is the wisdom of the Heart.

Ouch... you really know how to trigger my ego. When I heard you saying I am wise, I felt my ego inflate.

Let it. It does not matter. It does not understand what we are talking about anyway.

Ouch again... you really know how to puncture it as well, don't you. But I smile when I say this, and I feel safe – as long as I listen to my Heart, I am on the safe side.

You are and you will be. Now, as you said – back to order. Your “engineer” came up with good ideas for the general structure of our previous dialogues and explorations. Do you have an idea for this one as well?

I do not. Maybe I should use my old tool “Structured Meditation”, which you reminded me of in our previous dialogue.

Or – a thought just came to my mind! A while ago, I met with some of my friends in the Swedish Network for A Course in Miracles¹. We were talking about my books, how *Jesus on Catching the Bull* is about “climbing the mountain”, towards enlightenment, and how *Jesus on Elevated Form* is about “descending the mountain” in order to express one's new state of mind in the world. One of these friends, Albert, suddenly said “My next step is most definitely about pursuing Christ-

¹ From now on, *A Course in Miracles* is denoted as ACIM.

consciousness”. He didn’t dwell more on this, I even experienced him as a bit secretive, but I think his sudden statement woke something up in me.

So, my idea now in this moment is to just ask him for an idea for a structure of this book.

Are you aware of the fact that even getting this idea may be an example of what we have started to explore together?

No, I was not! What you are saying awes me...

It reminds me of the saying “Thy will be met, not mine”, which in eons past has meant surrender. For me it now means “Thy will be met, because this is what I really want, inside”.

This is also an example of a budding Christ-consciousness.

And an example of something that the ego still fiercely opposes, as the new interpretation really challenges what it sees as Free Will.

But bye for now, Jesus. Now as they say on TV shows, “a break for a message from our sponsors”...

... ..

I sent an email:

“Hi Albert. I got an idea out of the blue today, and I threw together the first part of the Prologue for a new book. Your feedback in the past has been very valuable, and I would appreciate if you could find the time to look at this first rough draft. Hugs, Lars.”

Albert answered already the day after:

“Goodness gracious, that was surprising to read!!!
I feel very moved. Of course I want to help you. I can already feel things

'stirring' inside. It feels like the Jesus / Christ energy does its work with me as well. I feel how my ego becomes flattered by you asking me for help, but that only means that there is more behind that needs to be brought out, and which is genuine. I will come back to you with a structure, which will be influenced by my process. It may be that this will become a communication between the three of us: Lars, Jesus, Albert. A big thank you for coming with this idea, I can feel the greatness of it, it feels good and heartwarming!"

After this a couple of weeks passed, but after a vacation week I mailed a reminder to Albert:

"Hi Albert.

I returned from a ski vacation week today. I wonder how it's going with your feed-back around 'Jesus on Christ-consciousness'. I have attached the draft, which now includes our latest conversation.
Hugs, Lars."

Again, Alberts answer came immediately:

"Hi Lars. I have just arrived at an answer, as a matter of fact today. So that is why you haven't heard from me until now.

It can sometimes happen that a question doesn't feel correctly formulated. It was that way now. At first my ego got energized by having been asked, and my inner engineer started to work with the seven parts you had indicated. But there came no clarity, there was no energy. Not until today's morning meditation did I understand why.

To structure one's work before starting up feels natural for a technician. But when I reflected on this it can work in other ways as well.

When *A Course in Miracles* came through there were no headers or divisions, as I understand it. Kenneth and Helen did that part of the work afterwards.

I feel that the books you have written already, especially your last book about the Chakras, are so simple, direct, and alive. This is the result of you directing your questions inwards to Jesus and getting answers. And I think that this is how this new book will evolve. The structure will emerge by itself. My contribution can be suggesting questions you can use, if they fit into your project.

Your inquiry has brought me great joy. It has been with me all the time, and it has given me many answers about Christ-consciousness. I got many answers from a book I bought a while ago. This is a channeling by Pamela Kribbe, 'The Jeshua Channelings' with the subtitle 'Christ-consciousness in a New Era'. You may have read it, otherwise my recommendation is that you write YOUR book first and get direct answers. This is needed and is so

important in these times, also due to the fact that you will translate it into Swedish.

I wrote a draft for an answer to you on my PC, but now I can't find it, isn't that a typical sign? But I can give you some questions to Jesus, if you wish. Like what is Christ-consciousness, what does it mean to me, how can I get in contact with it and work with it?

The book cover is wonderful, the symbolism is so beautiful. I support you as much as I can in your project, as you surely know. Thank you for asking me, and GO GO with your book! You have full support from the other side!!!

Warmest regards from your friend Albert."

I must admit that before I received this, when no answer had come after what felt as a long time, I started to doubt whether my idea of asking Albert was any good, and I started to think about other ways of continuing my book. But something inside told me to wait. Now, when I read his answer, I am glad I listened to my inner voice.

Patience, as you may remember from the Manual for Teachers², is an important trait.

Yes, I know. And in thinking ahead of how to continue what Albert calls "my project", but which I think of as "our project" where "we" may be many, the other characteristics listed in the Manual feel equally important: Trust, Honesty, Tolerance, Gentleness, Joy, Defenselessness, Generosity, Faithfulness, and an Open Mind.

But, back to Albert's answer: I can really feel his wholehearted support, and I am sure he can contribute with good questions to pose. But I still lack a structure.

Maybe Albert is the structure, or part of a structure?

² Book 3 of *A Course of Miracles*

Like asking him not only for feed-back and questions, but asking him to actually participate? And then just do what he suggests, let the structure evolve by itself?

Again, are you not just now talking about Christ-consciousness? Is this not like what you use to teach your coaching clients, that the word Communication, being a noun, cannot by itself describe what Communication is about? How it needs to be completed with a verb, the verb Communicate.

You mean that talking and writing about Christ-consciousness is meaningless without including a verb, some kind of action?

I wouldn't say meaningless, but I want to remind you that meaning is something you create.

This reminds me of what you said in *A Course of Love*:

The challenge now is in creation rather than accomplishment. With peace, accomplishment is achieved in the only place where it makes any sense to desire it. With your accomplishment comes the freedom and the challenge of creation. Creation becomes the new frontier, the occupation of those too young to rest, too interested in living still to welcome the peace of dying. Those who could not change the world one iota through their constant effort, in peace create the world anew.

(A Course of Love C:6.17)

Yes, this quotation is connected to this. And, as for one of the purposes I think you have with this book, reflect on what I said in the paragraph after:

Here they find the loveliest of answers to their questions. It takes not time nor money nor the sweat of their brow to change the world: it takes only love. A forgiven world is whole, and in its wholeness one with you. It is here, in

wholeness, that peace abides, and heaven is. It is from wholeness that heaven waits for you.

(ACOL C:6.18)³

Ah – now it dawned on me. Albert can be part of the structure! I will just ask him to enter this dialogue, and I could just make a chapter of it. And other chapters will maybe come about when other minds “enter the stage”.

When your mind, your consciousness, together with the minds of others, invite me, this will happen. As I am quoted in the Bible: “For where two or three gather in my name, there am I with them.”⁴

Now, I feel really inspired. And curious – I feel like I am letting go of control, in order to participate myself in engaging in the verb create. I just answered Albert’s email:



³ ACOL = A Course of Love

⁴ The Bible, Matthew 18:20